

Effectief behandelen in de verslavingszorg?!

Workshop VerslavingsKunde Nederland

- Dr. Peter Greeven
- Dr. Hendrik Roozen
- Anneleen Kraan

1998:

RESULTATEN  **SCOREN**
KENNISCENTRUM VERSLAVING

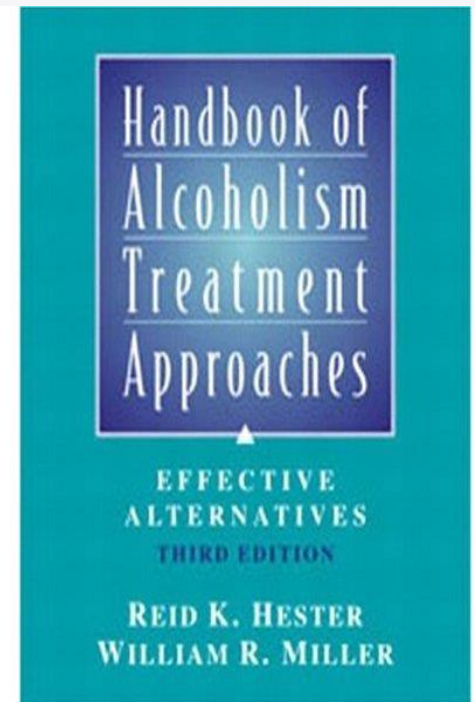
2017:



VERSLAVINGSKUNDE
NEDERLAND

Hoge mate van bewijs van effectiviteit:

- **Cognitieve Gedragstherapeutische Interventies (CBT)**
- **Community Reinforcement Approach (CRA)**
- **Contingency Management (CM)**
- **Motiverende gespreksvoering**
- **Kortdurende interventies**
- **CRA-FT**
- **i.c.m. Farmacotherapie**



Effectieve Methodieken?

“Research in the past decade has led to promising therapies that appear to be highly effective, but not widely used” (Kimberly & McLellan, 2006)

Effectieve methodieken?

“Many widely practiced methods remain unsupported by scientific evidence, whereas other treatment with strong evidence of efficacy are rarely delivered in practice” (Miller, 2006)

“The negative correlation between scientific evidence and treatment-as-usual could hardly be larger if one intentionally constructed treatment programs from those approaches with the least evidence of efficacy” (Miller et al., 2010)

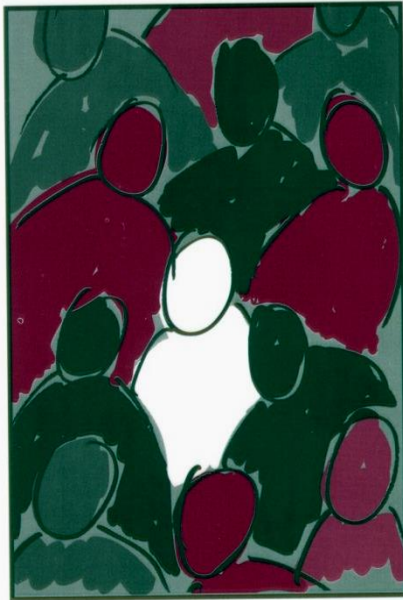
Therapeutische dwaling?*

- **Onbekendheid met evidence methodieken en richtlijnen**
- **Houding tov nieuwe ontwikkelingen en onderzoek**
- **Sceptisch tov onderzoek**
- **Drukke in dagelijkse praktijk**
- **Klinische ervaring is uitgangspunt**
- **Leeftijd van hulpverlener**
- **Neiging tot eclecticisme**

* Speers, Bhullar, Cosh & Wootton, 2022, Clinical Psychological Review

Clinical Guide to Alcohol Treatment

THE COMMUNITY
REINFORCEMENT APPROACH

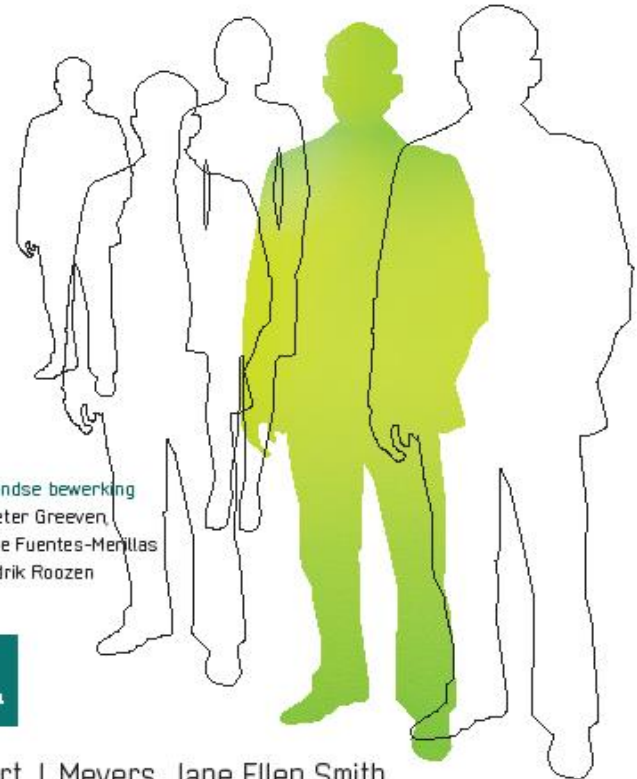


Robert J. Meyers

Jane Ellen Smith

HANDBOEK VOOR DE BEHANDELING VAN ALCOHOLVERSLAVING

de community reinforcement approach



Nederlandse bewerking
door: Peter Greeven,
Laura De Fuentes-Merillas
en Hendrik Roozen

Bohn
Stafleu
van Loghum

Robert J. Meyers, Jane Ellen Smith

2008 – herdruk 2014